



Welcome...



AGENDA:

Welcome / Review Agenda

Mission / Coach Pledge

Safety / Risk Management

Administration

Operations

Game Day

Fields

Equipment

Referees

Coaching

Calendar

Misc.



MISSION:

The mission of the Hampton Soccer Club is to provide a safe environment and positive experience to players, parents, coaches, referees, and spectators, and to allow recreational and competitive players to reach their highest potential through the teaching of individual skills, physical fitness, training, teamwork, sportsmanship, and fair play.



HAMPTON COACH PLEDGE:

As a soccer coach for Hampton Soccer Club, I agree to:

Treat soccer as a 'game' with the main objective being to have FUN

Act as a role model for the kids

Keep my temper under control

Treat the kids as individuals and not just soccer players

Remember these are kids and not adults. The motivations and concentration levels are much different.

Remember that kids' development stages are all different

Provide instruction and training in a positive manner

Work on skills in ALL age groups

Play all children as equally as possible no matter the skill of the player or score of the game. They come for the fun of playing in the game, pay the same fee as everyone else, and the parents come to see their children play. Sometimes it takes some creativity and real coaching skill and patience, but you will generally be rewarded.

Play all children in a variety of positions in ALL age groups

Help teach the children to communicate and run their own games without constant sideline coaching. Try asking the kids to coach their game for the most part, except for maybe substitutions.

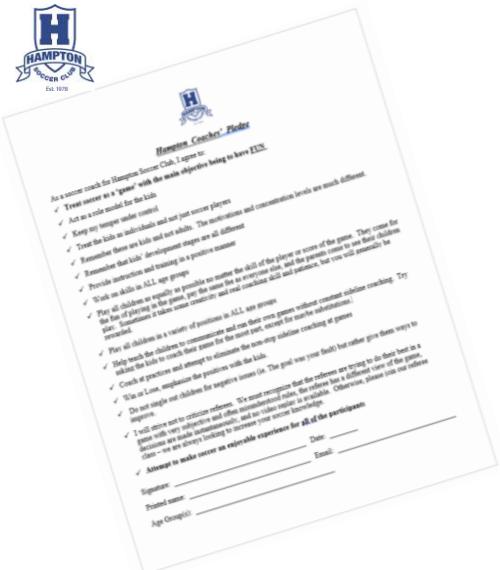
Coach at practices and attempt to eliminate the non-stop sideline coaching at games

Win or Lose, emphasize the positives with the kids.

Do not single out children for negative issues (ie. The goal was your fault) but rather give them ways to improve.

I will strive not to criticize referees. We must recognize that the referees are trying to do their best in a game with very subjective and often misunderstood rules, the referee has a different view of the game, decisions are made instantaneously, and no video replay is available. Otherwise, please join our referee class – we are always looking to increase your soccer knowledge.

Attempt to make soccer an enjoyable experience for all of the participants





SAFETY / RISK MANAGEMENT:

Child safety

Mandatory reporters – please do not delay

Do not leave children alone / do not be left alone

Technical areas should be coaches, players and referees ONLY

First Aid / AED

Travel Coaches – comprehensive kit

In-House Coaches – kit inside Men's room door with ice bags

AEDs: Main – inside Men's room door; Meadow – inside Men's room; Fridley – field facing wall of field house bldg. AND near press box entrance door

Goals

Only adults move

Place / replace sand bags!!!! - always check

Incident report – see “Game day”

Referees file report

Player pre-existing – will be communicated to head coach



COACHES, REFEREES, PARENTS:

Please help ensure a *SAFE* playing experience...

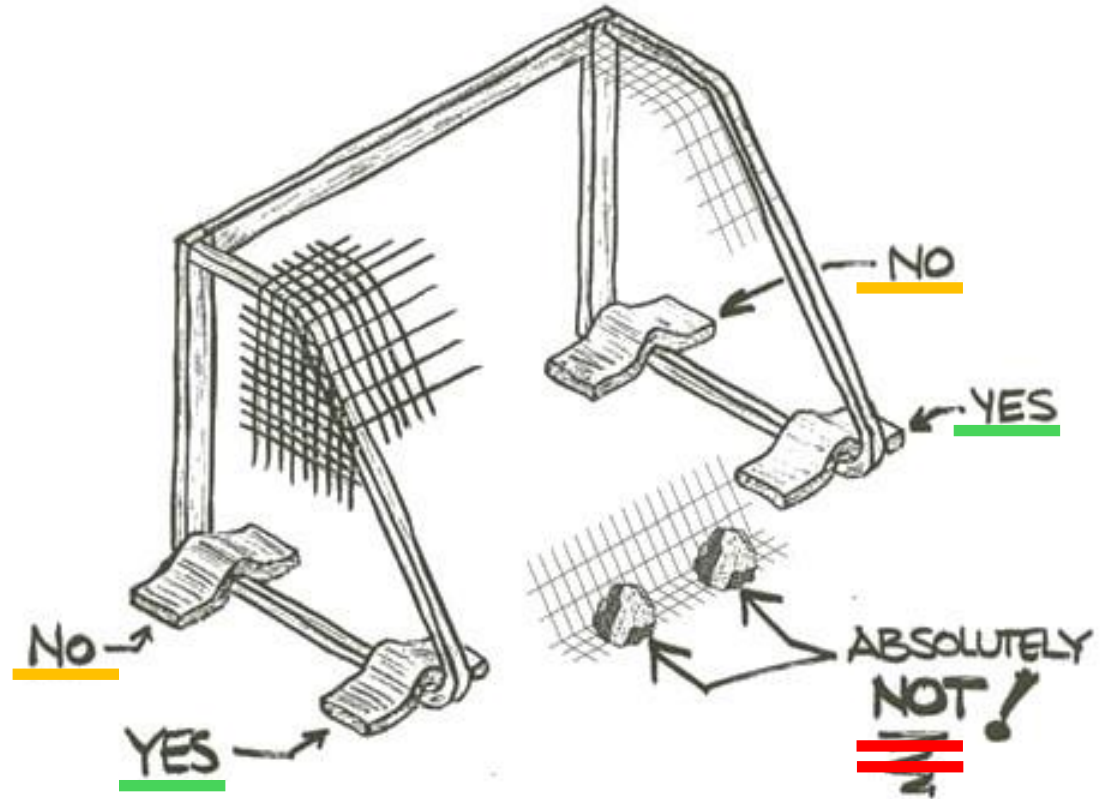
Make sure all goals are anchored with sandbags - No climbing or hanging

! WARNING



NEVER CLIMB OR HANG ON GOAL

**Goal Can Fall Over Causing
Serious Injury or Death**





Weight of bag on goal near back



Bag on net is **NOT** effective



ADMINISTRATION:

Head coach is designee

Head coach is designee for team

Please communicate a plan / discuss philosophy

Please read emails!

Please add a profile pic (head-shot) to Team Snap

Consider adding a Team Manager to your 'team'

Player pre-existing conditions will be communicated to head coach – assistant team coaches should be made aware; information should be treated with confidentiality

Do NOT add family members to Team Snap player profiles – the primary person for the player can add; escalate any issues

End-of-season review of all players - mandatory! ...and necessary

Notify Club officer about any scheduled tournament play (PA West sanctioned / uniforms / roster)



OPERATIONS:

Practices - please use the assigned areas

Travel teams

Contact opp. Coach on Tuesday (confirm date, time, field, uniform)

Home team yields on jersey color

Teach players to build a bag / kit - ***bring both colors***

‘Called-up’ players shall NOT play in front of originally rostered players

Bad weather / unplayable fields

AGM / Club - practices

Poor field conditions - Club will make decision (hopefully by 3pm on weekdays)

Poor weather conditions - at game time w/ Referee

Clear the field!!! Find a suitable structure for shelter

30 min. wait after last sight / noise of lightning / thunder (watch / listen)

Get on phone to coordinate with Age Group Manager (AGM)

Rescheduling games

In-House – all together by AGM / Club

Travel – Coach may NOT cancel game (unless weather during game)

Game cancellations / re-schedule requests must be approved by both Club Presidents prior

Notify AGM and Clay W as soon as postpone / reschedule decision is made



GAME DAY:

Uniforms

Home team yields to away team
Coordinate on weekly touch-base call
Blue socks
Next pick-up is Wed. April 8

First game / last game

Arrive early to set-up
Goals, corner flags, holes, etc
u8 assign a set-up crew – fields 1 and 2?

U10 build-out – meet both coaches and ref

Have an extra pinnie or two for goalies (BRIGHT color)

2 GDRs, player cards

Incidents / Injuries – escalate immediately especially serious type; Referees need to write reports; File an HSC incident report (PA West supplemental insurance is available) Concussion protocol



TRAVEL HOME KIT



TRAVEL AWAY KIT



KEEPER



GAME DAY (2):

u7u8 - arrive 9am / horn at 9:10 / games at 9:15

Set-up - rotate teams to set-up (goals, (new) signs)

Spectators one side - players / coaches other side (see map and field markings)

Spectators back from the touchline; away from back of goal

u6 - 10:45 arrive and practice / 11:15 game

u10 – Saturday and Sunday at Main u10A, u10B, u10C

goals, corner flags (first team set-up; last team clean-up)

Teams same side / spectators opposite

u12 – Sundays at Main and Meadow

goals, corner flags (first team set-up; last team clean-up)

u14+ – Sundays at Fridley – 2pm+

access at 12:00 via top gate; note: HTSD field rules

Teams same side / spectators in stands not on track



FIELDS:

Only use approved fields for practices

Main

Meadow

share with Hylax and HAA (baseball / softball) and HTSD
break in the fence is the line between HSC and HAA

N40

fence requested

Fridley

HTSD rules

See links to provide visiting teams:

<https://www.hamptonoccerclub.org/fields.html#main>

<https://www.hamptonoccerclub.org/fields.html#meadow>

<https://www.hamptonoccerclub.org/fields.html#fridley>

MAIN Fields

In the Hampton Community Park between the radio tower and the Hampton Community Center

STATUS: see above

GPS DIRECTIONS: Use *3101 McCully Road, Allison Park, PA 15101*

GOOGLE MAPS: <https://goo.gl/maps/CgCxxq5>

AED LOCATION: Soccer building, field side, h



#main
#meadow
#fridley

MEADOW Fields

In the Hampton Community Park adjacent to the Community Pool and the tennis courts

STATUS: see above

GPS DIRECTIONS: Use *3101 McCully Road, Allison Park, PA 15101*

GOOGLE MAPS: <https://goo.gl/maps/b5oRRQEG5rQ6iH>

AED LOCATION: In public bathroom next to the field



FRIDLEY Field

The Hampton School District's stadium field located across from the Hampton Middle School on School Drive; near corner of Topnik Dr. and School Dr.

STATUS: see above

GPS DIRECTIONS: Use *4589 School Drive, Allison Park, PA 15101* to reach the Middle School

GOOGLE MAPS: <https://goo.gl/maps/fBBXEaof7iG2>

NOTE: Fridley field rules as set by the field owner the Hampton Township School District (HSC plays with permit) - no spectators on field or track; teams should bring only water; player benches are to stay on the track



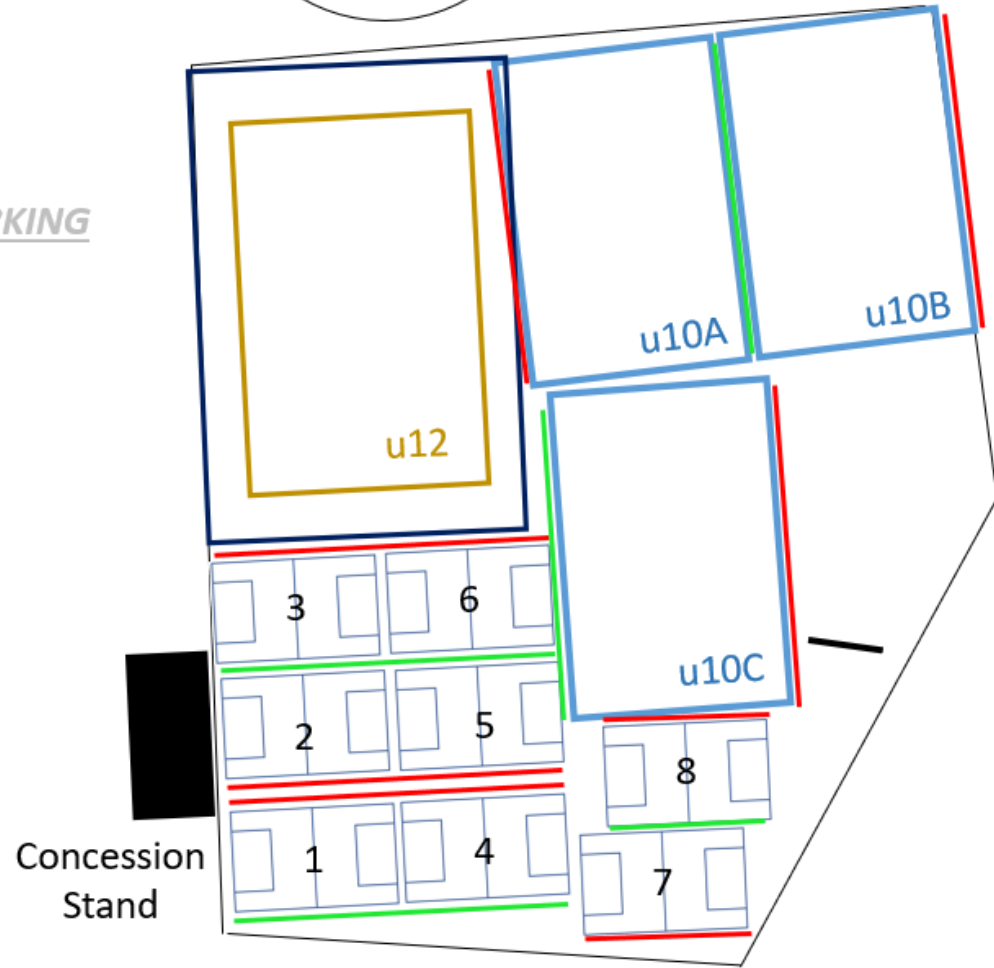


Community Center



SPRING 2026

PARKING



— SPECTATORS

— BENCHES – NO Spectators
on this side of the field

PARKING

Concession
Stand

PARKING



EQUIPMENT:

Bags, balls, cones, and teaching supplies available in equipment room

Suggested equipment configurations by age group on website and back of equipment room door

Flags – inside to left in corner

(New) benches – inside tbd; old benches – inside to right and bottom shelf

Pug goals

Tennis nets

Hoola hoops

“Chalk-talk” white board







REFEREES:

Please show respect (address without first name); new matrix for offenses / violations
Green badge

In-House (u8): Referees-in-Training (RITs)

Travel (ICL and Sunday Travel): USSF Certified and some RIT Level II
Please 'help' young referees as the adult / home team / rep for the Club

Pre-game discussion of questions / logistics (substitutions)

New goal keeper release timing

Field / equipment condition / repair is the home coach's responsibility not the referee

Spectator management is duty of the coach

Only enter field for injury AFTER referee calls you on

Teams should fist bump / shake hands with refs post-game; DO NOT confront refs after game – save it



COACHING:

Head-coach will be our go-to

Discuss a plan - can evolve - communicate (if head-coach wants lead then defer)

Be fluid, learn to adapt - not always 'biscuits and gravy'

Practices:

Endurance (old lines, laps, lectures)

Games:

Have your coach card!!

Please comport yourself in the technical areas poor conduct will be addressed

Injury whistles

Quick starts

Lopsided games - have a plan (both ways)

Bring a chair!

Coach the bench - screaming instructions is not effective (can't hear you on the field)

Remember.... Have fun! This is NOT the World Cup



CALENDAR:

April 2 – PISA indoor time

April 11, 12 – Opening weekend

TBD - Hoagie fundraiser

May tbd – Fall registration opens

May 29 – Club picnic and Sr. recognition

June – Edinboro tournament

Summer league?

August 10-14 – Summer Everton Camp

August TBD – Field Day

September tbd – Team and individual photos

September tbd - Riverhounds game fundraiser

www.HamptonSoccerClub.org/calendar



PARTNERSHIP BETWEEN:

Hampton Soccer Club / CAS / HHS Girls and Boys Varsity Soccer Boosters

AUGUST 10 to 14, 2026

www.HamptonSoccerClub.org/summercamp



Spring 2024 Master Practice Schedule

MAIN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main V and U12 A (half 1)	MS - Chapman 5:15-6:45 pm	U11G Bacasa/Deltondo 6-7:30pm	U17 & U19 Bacasa 5-6:30pm	U12G Morgan 5:30-6:45		closed	Games
	U12B Flaherty 6:45-8:00pm			MS - Chapman 6-7:30pm			
V and U12 A (half 2)	MS- Fleischmann 5:15-6:45pm			MS- Fleischmann			
Main U12 B (outline on u8s)		U12G Morgan 5:30-6:45pm		U12B Flaherty 6:45-8:00pm		closed	closed
Main U10 A (front)(half 1)	U10B Flaherty 5:30-6:45pm	U10B Chapman 6-7:30pm	U10B Group 6-7:30pm	U10B Group 6-7:30pm		Games	closed
			v	v			
Main U10 A (front)(half 2)	U10B Sprinkle 5:30-6:45pm	U10B Fawcett 6-7:30pm	v	v			
Main U10 B (back)(half 1)	U10B Mohr 5:30-7:00pm	U10B Fleischmann 6-7:30pm	v	v		Games	closed
			v	v			
Main U10 B (back)(half 2)	U10B Wildy 5:30-7:00pm	U10B Stachel 6-7:30pm	v	v			
Main U10 C (half 1)	U10G Brown 6-7:30pm	U10G Carr 5:30-7pm	v	v		Games	closed
			v	v			
Main U10 C (half 2)	U10G Ventura 6-7:30pm	U10G Verbofsky 5:30-7pm	v	U10B Wetherill 5:30-7pm			
Main U8 fields (or kicking wall area for U10 practices)	U17 & U19 Bacasa 5-6:30pm	U10G Reddig 6-7:30pm	All U8 Girls 5:30-6:45pm	All U8 Boys 5:30-6:45pm		Games	closed

see rotation schedule

MEADOW	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Meadow U12 (half)		x	U12B Moyer 5:30-7:00	U11G Bacasa/Deltondo 6-7:30pm	U12B Moyer 5:30-7:00	closed	closed
Meadow U12 (half)	U12B Pedersen (hold) 5:30-7:00	x	Pedersen (hold) 5:30-7:00				

lacrosse



MEADOW FIELD - Spring 2024

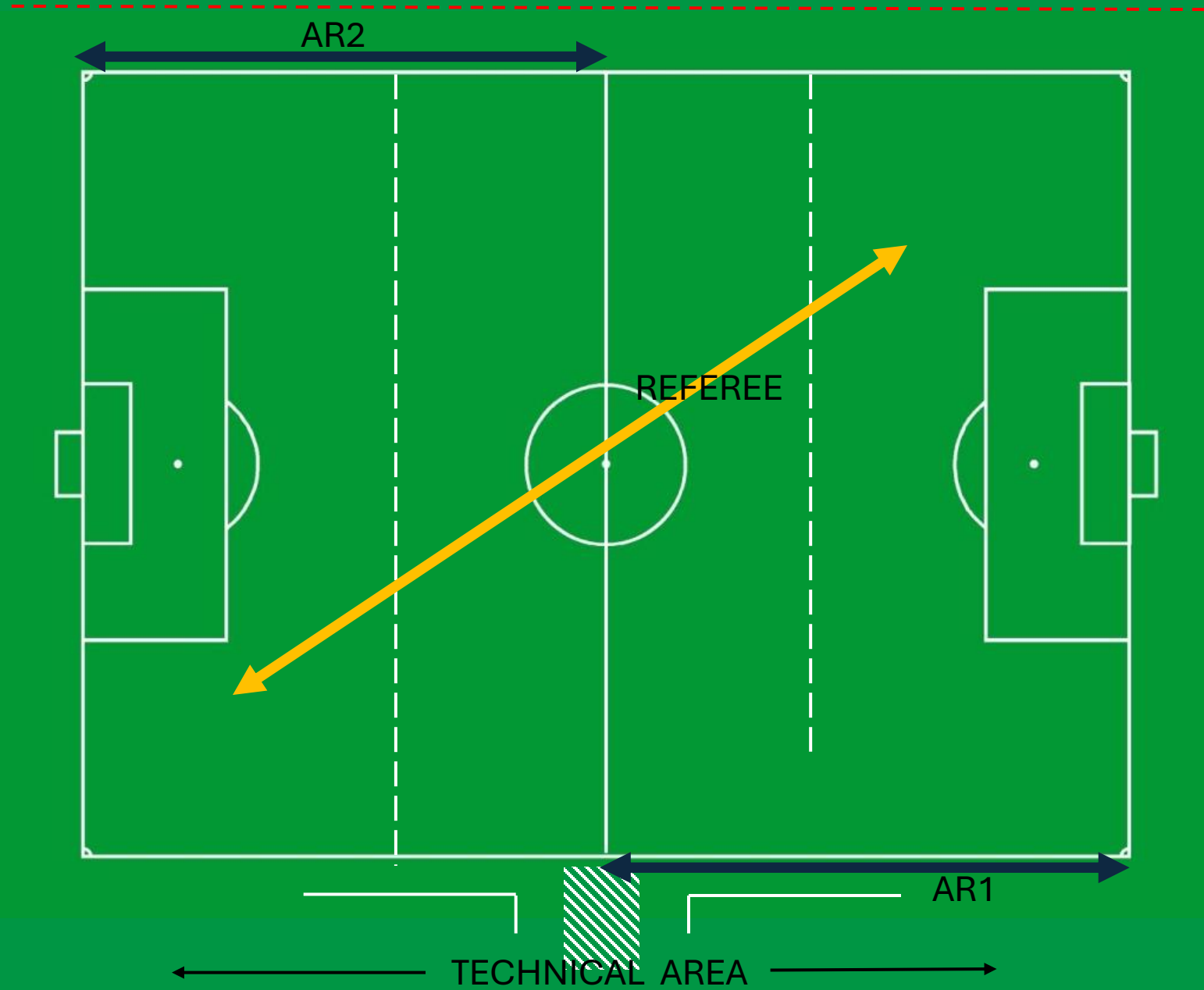
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>HTSD 3:00pm to 4:45pm</p>	<p>HTSD 3:00pm to 4:45pm</p>	<p>HTSD 3:00pm to 4:45pm</p>	<p>HTSD 3:00pm to 4:45pm</p>	<p>HTSD 3:00pm to 4:45pm</p>	<p>HSC 8:00am to 12:00pm</p>	<p>HYL 8:00am to 12:00pm</p>
<p>H A A</p> <p>-----</p> <p>HSC</p> <p>5:00pm ></p>	<p>H A A</p> <p>-----</p> <p>HYL</p> <p>5:00pm ></p>	<p>H A A</p> <p>-----</p> <p>HSC</p> <p>5:00pm ></p>	<p>H A A</p> <p>-----</p> <p>HSC</p> <p>5:00pm ></p>	<p>H A A</p> <p>-----</p> <p>HSC</p> <p>5:00pm ></p>	<p>HAA HSC possible use if / when HAA not using</p> <p>12:00pm ></p>	<p>HYL unless HSC needs for games</p> <p>12:00pm ></p>

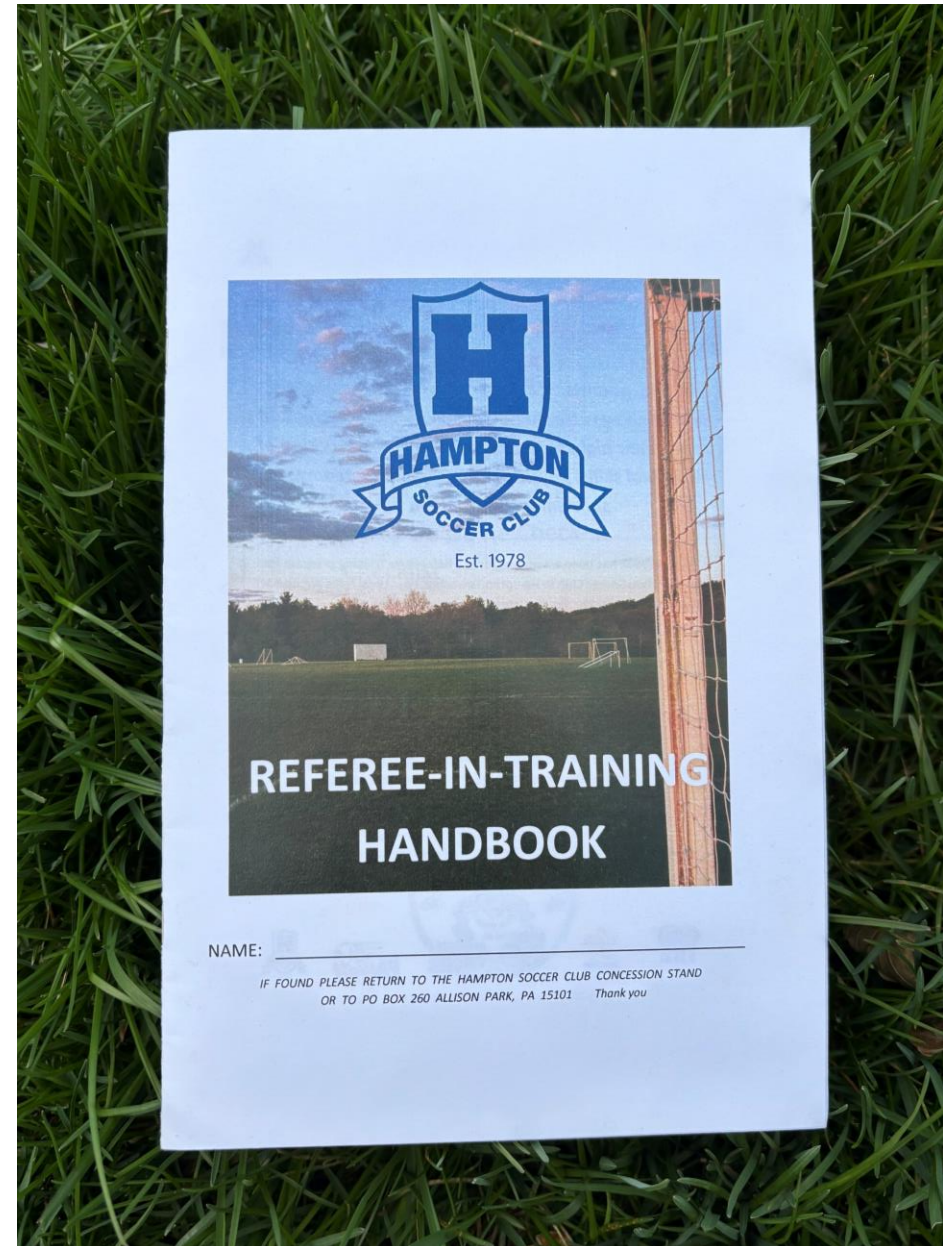
EXAMPLE

ORGANIZATION	START	END
HTSD:	March 3	May 10
HAA:	March 3	July 31
HYL:	March 19	June 9(?)
HSC:	April 1	June 26



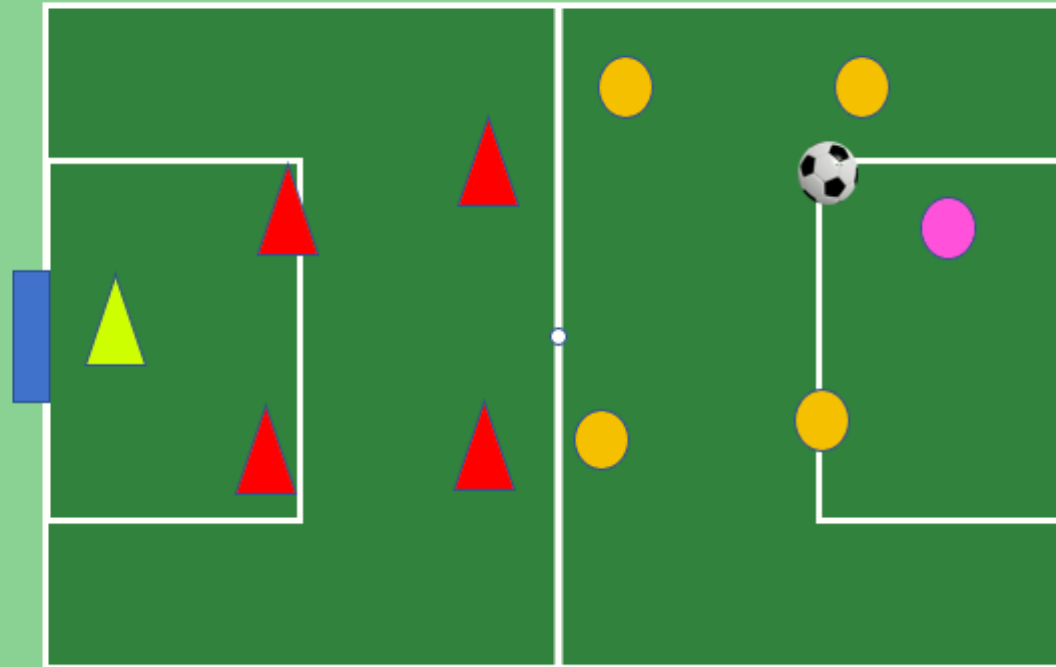
SPECTATORS





<<< SPECTATORS >>>

NO
SPECTATORS
or COACHES
PLEASE



NO
SPECTATORS
or COACHES
PLEASE

BOTH TEAMS: Coaches and Players ONLY





HamptonSoccerClub.org/store

HOME ABOUT NEWS CALENDAR REGISTRATION **STORE** PHOTOS HELP

Welcome to the Hampton Soccer Club's online store hosted by our partner, Pittsburgh-based Waterfront Embroidery. A portion of the proceeds comes back to the Club. See you on the pitch with your new HSC gear!



HSC store main page: <https://waterfrontembroidery.com/product-category/hampton-soccer-club/>



QUESTIONS?



Thank you!!!